

Virginia Department of Labor and Industry Training Catalog 2007 - 2008



| | TRAINING LOCATIONS/DIRECTIONS | |
|---|--|---------------------------------------|
| Augusta County Government Center | VDOT - Hanging Rock (Salem) | Southern Air HVAC |
| 18 Government Center Lane | 1541 Thompson Memorial Drive | 2655 Lakeside Drive |
| Verona, VA 24482 | Salem, VA 24153 | Lynchburg, VA 24501 |
| VDOT Maintenance Training Academy | Virginia Transportation Research | Coors Brewing Company |
| (Thornburg) | <u>Council</u> | 1535 South Eastside Highway |
| 4926 Mud Tavern Road | 530 Edgemont Road | Elkton, VA 22827 |
| Woodford, VA 22580 | Charlottesville, VA 22903 | |
| VDOT Norfolk Residency Office | VDOT Richmond District Training Center | VDOT Salem District Auditorium |
| 1992 South Military Highway | 2201 West Hundred Road | 731 Harrison Avenue |
| Chesapeake, VA 23320 | Chester, VA 23831 | Salem, VA 24153 |
| Hampton Roads Regional Jail | Portsmouth Police Department | Danaher Motion |
| 2690 Elmhurst Lane | 330 County Street | 501 W. Main St. |
| Portsmouth, VA 23701 | Portsmouth, VA 23320 | Radford, VA 24141 |
| Ida Lee Recreation Center | | |
| 50 Ida Lee Drive, NW | | |
| Leesburg, VA 20176 | | |

VOSH 7505 – Accident Investigation (Introduction)

Course Description: Introduction to accident investigation provides an introduction to basic accident investigation procedures and describes accident analysis techniques. The goal of this 2-day course is to help participants gain the basic skills necessary to conduct an effective accident investigation at their workplace. The target audience is the small employer, manager, employee or employee representative who, as part of a firm's safety and health system, would be involved in conducting accident and/or near-miss investigations. Topics include the primary reasons for conducting an accident investigation, employer responsibilities related to workplace accident investigations, and a six-step accident investigation procedure. The course is set up as a facilitated, interactive training session focusing on class discussion and group activities designed to provide the basic information on accident investigation techniques and the methodology and the prevention of accidents. This course includes topics such as identification, examination, evaluation, and preservation of evidence; development of supportive documentation; and costs incurred from accidents. Case studies will be conducted during the presentation to further ensure each student's knowledge and understanding of this subject.

Course Length: 16 Hours (2 Days)

| DATE | TIME | LOCATION |
|--------------------------|--------------------------------|--|
| October 23 & 24, 2007 | 8:30 a.m. – 4:30 p.m. Daily | Coors Brewing Company – Elkton, VA |
| February 26 & 27, 2008 | 8:30 a.m. – 4:30 p.m. Daily | VDOT – Norfolk Residency, Chesapeake, VA |
| April 29 & 30, 2008 | 8:30 a.m. – 4:30 p.m. Daily | VDOT Richmond District Training Center – Chester, VA |
| June 25 & 26, 2008 | 8:30 a.m. – 4:30 p.m. Daily | VDOT Salem District Auditorium, Salem, VA |

VOSH 7201 – Bloodborne Pathogens

Course Description: This course explains the regulatory measures required to protect employees from the hazards of occupational exposure to blood and other potentially infectious materials containing bloodborne pathogens, such as hepatitis B virus (HBV), and immunodeficiency virus (HIV). Topics of discussion will include applicable definitions, infection control, engineering and work practice controls, universal precautions, personal protective equipment, housekeeping, medical evaluations, warning signs, labels and labeling systems, and employee training.

| DATE | TIME | LOCATION |
|------------------|------------------------|--|
| October 16, 2007 | 8:00 a.m. – 12:00 p.m. | Augusta County Government Center – Verona, VA |
| March 25, 2008 | 1:00 p.m. – 5:00 p.m. | Hampton Roads Regional Jail – Portsmouth, VA |
| May 20, 2008 | 8:00 a.m. – 12:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| June 18, 2008 | 8:00 a.m. – 12:00 p.m. | VDOT Salem District Auditorium – Salem, VA |

VOSH 7200 – Bloodborne Pathogen Exposure Control for Healthcare Facilities

Course Description: The purpose of this one-day course is to develop a Bloodborne Pathogens Exposure Plan for healthcare facilities using a step-by-step approach. Featured topics include an Introduction to the Bloodborne Pathogens Standard; the Exposure Control Plan; Exposure Determination; Methods of Control; Vaccinations and Evaluations; Training and Information; and Recordkeeping. The target audience is the program administrator, manager, or other personnel designated with the responsibility of developing a Bloodborne Pathogens Exposure Control Plan for a small healthcare facility.

| DATE | TIME | LOCATION |
|--------------------|-----------------------|--|
| September 25, 2007 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Training Center – Chester, VA |
| May 6, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |

VOSH 7300 – Confined Space Standard (OSHA's Permit-Required)

Course Description: This one-day course discusses the requirements of OSHA's permit-required confined space standard, 29 CFR 1910.146 and 16VAC25-140. It is designed for small employers or a designated representative (line supervisor or manager) with the responsibility to develop a permit space program. It covers OSHA's requirements and does feature hands-on sections (instrumentation and control methods, rescue, and atmospheric testing). Topics include: scope and definitions; general requirements; permit space program; training requirements; and employee roles and rescue.

| DATE | TIME | LOCATION |
|------------------|-----------------------|---|
| October 22, 2007 | 8:30 p.m. – 4:30 p.m. | Ida Lee Recreation Center - Leesburg, VA |
| November 7, 2007 | 8:30 a.m. – 4:30 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| January 17, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |
| January 29, 2008 | 8:30 a.m. – 4:30 p.m. | Hampton Roads Regional Jail – Portsmouth, VA |
| May 13, 2008 | 8:30 a.m. – 4:30 p.m. | Northern Virginia – Location to be announced |

VOSH 2085 – Cranes in Construction (29 CFR 1926.550 Subpart "N")

Course Description: This course is designed to familiarize individuals on the various components, and associated elements of cranes. It will cover various types of cranes to include truck mounted, mobile, crawler, and tower. Not only does it cover various types, it also includes hydraulic and lattice boom cranes with a multitude of situations and conditions in which cranes are operated. The course will address numerous hazards associated with operating cranes in adverse weather conditions, situations that may create hazards to the operators and bystanders alike, and in locations that test the limits, as well as the limitations of these pieces of equipment and associated personnel.

Seminar Length: 8 Hours (1 Day)

| DATE | TIME | LOCATION |
|------------------|-----------------------|--|
| October 30, 2007 | 8:30 a.m. – 4:30 p.m. | VDOT Norfolk Residency – Chesapeake, VA |
| March 4, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |
| May 21, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Training Center – Chester, VA |

VOSH 2035 - Electrical (Construction - §1926 Subpart "K")

Course Description: This course is designed to explain safety standards specific to the construction industry. Topics include: cord-and plug-connected equipment, assured equipment grounding program, ground fault circuit interrupters, and portable generators. Construction specific work safety procedures will also be discussed.

| DATE | TIME | LOCATION |
|-------------------|------------------------|---|
| December 11, 2007 | 8:00 a.m. – 12:00 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| March 18, 2008 | 1:00 p.m. – 5:00 p.m. | Virginia Transportation Research Council – Charlottesville, VA |
| April 10, 2008 | 1:00 p.m. – 5:00 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |

VOSH 2030 - Electrical (General Industry - §1910 Subpart "S")

Course Description: This course is designed to explain the safety standards specific to general industry. Topics included are: use of extension cords, safe electrical work procedures, ground fault protection, and electrical systems. This class is recommended for those that are involved in scheduling, supervising, and performing electrical work and repairs in the workplace.

| DATE | TIME | LOCATION |
|------------------|------------------------|---|
| November 6, 2007 | 1:00 p.m. – 5:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| March 18, 2008 | 8:00 a.m. – 12:00 p.m. | Virginia Transportation Research Council – Charlottesville, VA |
| May 20, 2008 | 1:00 p.m. – 5:00 p.m. | VDOT Richmond District Training Center – Chester, VA |

VOSH 7105 – Evacuation and Emergency Planning

Course Description: Evacuation and Emergency Planning focuses on OSHA requirements for emergency action plans and fire protection plans. Preparing for emergencies is a basic principle of workplace safety and health. Participants will learn: (1) reasons for emergency action plans and fire prevention plans and when they are required for a workplace; (2) elements of a good evacuation plan; and (3) features of design and maintenance of good exit routes. The optional session for this course will focus on assessment of risk for terrorist attacks and how to utilize OSHA's two matrices, evacuation planning and fire and explosion, as tools in planning for emergencies.

Course length: 8 Hours (1 Day)

| DATE | TIME | LOCATION |
|--------------------|-----------------------|--|
| September 26, 2007 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Training Center – Chester, VA |
| January 16, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |
| January 30, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |

VOSH 3010 – Excavation & Trenching Hazard Awareness (§1926 Subpart "P")

Course Description: This course is designed to instruct participants on the proper methodology to use when doing any excavation and covers the Standard §1926, Subpart "P". Topics include: soil classification, shoring techniques, trench boxes, hydraulic bracing/shoring, the competent person, and hazards associated with most types of excavation work. Participants will be made aware of the uses of various techniques used to classify soil, learn the dynamics of ground excavation inspections, determine the use of safety systems (bracing/shoring), learn the hazards associated with excavation work, and discuss soil collapses (failures/cave-ins).

| DATE | TIME | LOCATION |
|------------------|------------------------|--|
| October 15, 2007 | 8:00 p.m. – 12:00 p.m. | Ida Lee Recreation Center - Leesburg, VA |
| October 25, 2007 | 8:00 a.m. – 12:00 p.m. | Augusta County Government Center – Verona, VA |
| November 6, 2007 | 8:00 a.m. – 12:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| January 23, 2008 | 12:30 p.m. – 4:30 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| April 9, 2008 | 1:00 p.m. – 5:00 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |

VOSH 3110 – Fall Protection

Course Description: The course is designed to familiarize participants with slip, trip and fall hazards, and will increase employee awareness of the need for good housekeeping on the construction site, and the methods for reporting, eliminating or controlling those known hazards.

| DATE | TIME | LOCATION |
|------------------|------------------------|--|
| October 15, 2007 | 1:00 p.m. – 5:00 p.m. | Ida Lee Recreation Center - Leesburg, VA |
| October 16, 2007 | 1:00 p.m. – 5:00 p.m. | Augusta County Government Center – Verona, VA |
| January 9, 2008 | 1:00 p.m. – 5:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| April 9, 2008 | 8:00 a.m. – 12:00 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |
| June 24, 2008 | 1:00 p.m. – 5:00 p.m. | VDOT Salem District Auditorium – Salem, VA |

VOSH 2420 – Hand & Portable Power Tools

Course Description: This course will provide the basic information related to tool safety, proper use and inspection. Topics of discussion will include the daily inspection process required by the current standard as well as the necessary documentation needed to show the "out of service" program required for employee safety.

| DATE | TIME | LOCATION |
|-------------------|------------------------|--|
| October 17, 2007 | 8:00 a.m. – 12:00 p.m. | Augusta County Government Center – Verona, VA |
| December 11, 2007 | 1:00 p.m. – 5:00 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| January 31, 2008 | 8:30 a.m. – 12:30 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |

VOSH 1200 – Hazard Communication (HAZCOM)

Course Description: This course is designed to provide Managers, Supervisors, and Employees with information necessary to establish Hazard Communication Programs. It will make them aware that they have **both** a need and a right to know of the hazards and identities of the chemicals to which they are exposed to in the work environment, and the necessary protective measures to prevent injury or illness. It will assist them in developing an effective Hazard Communication Program by identifying, explaining, and using the four elements of the rule for the purpose of informing employees of the hazards, identities, and protective measures to prevent injury or illness.

| DATE | TIME | LOCATION |
|-------------------|------------------------|--|
| November 14, 2007 | 8:00 a.m. – 12:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| May 1, 2008 | 1:00 p.m. – 5:00 p.m. | Portsmouth Police Department – Portsmouth, VA |
| June 24, 2008 | 8:00 a.m. – 12:00 p.m. | VDOT Salem District Auditorium – Salem, VA |

VOSH 7000 – Hazards In Nursing Homes

Course Description: The focus of this one-day course is learning how to use Safety Guidelines for Nursing Homes to develop a process to protect workers in nursing homes. The course will focus on analyzing and identifying problem jobs and practical solutions to address these problems. Featured topics include: developing a safety process; risk factors in the nursing home guidelines: identifying problem jobs including protocols for resident assessment; and implementing solutions including work practices and engineering solutions.

| DATE | TIME | LOCATION |
|-------------------|-----------------------|---|
| December 14, 2007 | 8:30 a.m. – 4:30 p.m. | Portsmouth Police Department – Portsmouth, VA |
| January 24, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |

VOSH 3095 - Lockout/Tagout (LOTO)

Course Description: This course will provide the necessary information as it relates to 29 CFR 1910.147. Participants will be involved in discussion pertaining to the control of hazardous energy, procedures, protective measures, inspections, training and communications.

| DATE | TIME | LOCATION |
|-------------------|------------------------|--|
| October 17, 2007 | 1:00 p.m. – 5:00 p.m. | Augusta County Government Center – Verona, VA |
| November 14, 2007 | 1:00 p.m. – 5:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| January 9, 2008 | 8:00 a.m. – 12:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| May 1, 2008 | 8:00 a.m. – 12:00 p.m. | Portsmouth Police Department – Portsmouth, VA |

VOSH 2040 - Machinery & Machine Guarding

Course Description: The main focus of this course is to increase the participant's knowledge and skill in proper machine safeguarding techniques and to highlight the benefits of guarding various types of machinery. It is the employer's responsibility to identify and select the safeguard necessary to protect employees and others in the work area, as well as to provide appropriate training in safe work practices. Knowing when and how to properly safeguard machinery can reduce or eliminate the potential for accidents and injuries.

| DATE | TIME | LOCATION |
|-------------------|-----------------------|--|
| November 15, 2007 | 8:30 a.m. – 4:30 p.m. | Hampton Roads Regional Jail – Portsmouth, VA |
| February 13, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Training Center – Chester, VA |
| May 7, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |

VOSH 510 – Occupational Safety and Health Administration (OSHA) Standards for Construction – 30 Hours

Course Description: This course for private sector personnel covers OSHA policies, procedures, and standards, as well as construction safety and health principles. Topics include scope and application of the OSHA construction standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA construction safety and health 30-hour course completion card. This course is for personnel who will not be conducting training sessions. To receive the Course Completion Card for attending this course, <u>each student must attend training on each of the dates indicated on the schedule</u>. <u>You must be pre-registered to attend this course</u>.

Course Length: 30 Contact Hours (5 Days)

| DATES | TIME | LOCATION |
|---|-----------------------------------|---|
| October 18, 2007, November 8, 2007, November 29, 2007, December 12, 2007, & December 20, 2007 | 8:30 a.m. – 4:30 p.m. each day | Augusta County Government Center – Verona, VA |

VOSH 511 – Occupational Safety and Health Administration (OSHA) Standards for General Industry – 30 Hour

Course Description: This course covers OSHA policies, procedures, and standards, as well as general industry safety and health principles. Topics include scope and application of the OSHA general industry standards. Special emphasis is placed on those areas that are the most hazardous, using OSHA standards as a guide. Upon successful course completion, the student will receive an OSHA general industry safety and health 30-hour course completion card. This course is for personnel who will not be conducting training sessions. To receive the Course Completion Card for attending this course, <u>each student must attend training on each of the dates indicated on the schedule.</u> You must be pre-registered to attend this course.

Course Length: 30 Contact Hours (5 Days)

| DATES | TIME | LOCATION |
|---|--------------------------------|---|
| March 6, 2008, March 19, 2008, April 15, 2008, May 8, 2008, & June 19, 2008 | 8:30 a.m. – 4:30 p.m. each day | Virginia Transportation Research Council – Charlottesville, VA |

VOSH 7500 – Occupational Safety and Health Administration (OSHA) Construction Standard – 10 Hours

Course Description: The main focus of this course is to provide students the necessary training for them to be able to understand and utilize the 29 CFR 1926 Standards, to include its Sub-Parts and Sections. Upon completion, each student will receive an OSHA 10 Hour Construction Course Completion Card as long as they have completed the 10 contact hours as required by the OSHA Training Institute.

Course Length: 10 Contact Hours (2 Days)

| DATE | TIME | LOCATION |
|------------------------|-----------------------------------|--|
| September 5 & 6, 2007 | 8:30 a.m. – 4:30 p.m. each day | VDOT Richmond District Training Center – Chester, VA |
| November 27 & 28, 2007 | 8:30 a.m. – 4:30 p.m. each day | Augusta County Government Center – Verona, VA |
| February 5 & 6, 2008 | 8:30 a.m. – 4:30 p.m. each day | VDOT Norfolk Residency Office – Chesapeake, VA |
| May 14 & 15, 2008 | 8:30 a.m. – 4:30 p.m. each day | VDOT Salem District Auditorium – Salem, VA |

VOSH 8500 – Occupational Safety and Health Administration (OSHA) Standards for General Industry – 10 Hours

Course Description: The main focus of this course is to provide students the necessary training for them to be able to understand and utilize the 29 CFR 1910 Standards, to include its Sub-Parts and Sections. Upon completion, each student will receive an OSHA 10 Hour General Industry Course Completion Card as long as they have completed the 10 contact hours as required by the OSHA Training Institute.

Course Length: 10 Contact Hours (2 Days)

| DATE | TIME | LOCATION |
|---------------------------|--------------------------------|---|
| December 4 & 5, 2007 | 8:30 a.m. – 4:30 p.m. each day | Danaher Motion – Radford, VA |
| February 20 & 21, 2008 | 8:30 a.m. – 4:30 p.m. each day | Augusta County Government Center – Verona, VA |
| March 26 & 27, 2008 | 8:30 a.m. – 4:30 p.m. each day | Hampton Roads Regional Jail – Portsmouth, VA |
| June 30 & July 1, 2008 | 8:30 a.m. – 4:30 p.m. each day | Southern Air HVAC – Lynchburg, VA |

VOSH 2200 – Personal Protective Equipment (PPE)

Course Description: This course will explain the requirements of the OSHA standard for the selection, use, care and maintenance of personal protective equipment used to protect employees. There will be discussions on the selection, design and application of various types of protective equipment and of their limitations.

| DATE | TIME | LOCATION |
|------------------|------------------------|--|
| November 1, 2007 | 8:00 a.m. – 12:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| April 8, 2008 | 12:30 p.m. – 4:30 p.m. | Hampton Roads Regional Jail – Portsmouth, VA |

VOSH 7005 - Public Warehousing and Storage

Course Description: This one-day course is designed as a training course for warehouse workers and will focus on many hazards and injuries that are likely to be encountered in warehouse operations. It has been shown that warehousing has become an increasingly hazardous area to work in. OSHA has identified Public Storage and Warehousing as one of seven industries with a high lost time rate. Injuries may occur from forklifts; material handling and lifting; exposure to hazardous substances; and slips, trips and falls. The course will discuss: powered industrial trucks; material handling/lifting/ergonomics; hazard communication; walking and working surfaces; and exit routes and fire protection.

| DATE | TIME | LOCATION |
|-------------------|-----------------------|--|
| December 19, 2007 | 8:30 a.m. – 4:30 p.m. | Coors Brewing Company – Elkton, VA |
| February 7, 2008 | 8:30 a.m. – 4:30 p.m. | Portsmouth Police Department – Portsmouth, VA |
| April 17, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Training Center – Chester, VA |

VOSH 7845 - Recordkeeping

Course Description: The course is designed for the person who maintains the injury and illness records. This 6-hour course is designed to assist employers in identifying and fulfilling their responsibilities for posting certain records, maintaining records of illnesses and injuries, and reporting specific cases to OSHA. Several practice sessions are included. Students who successfully complete this course will be able to identify and perform the OSHA requirements for recordkeeping, posting, and reporting and to complete OSHA forms 300, 300A, and 301.

| DATE | TIME | LOCATION |
|------------------------------|------------------------|--|
| September 27, 2007 | 8:00 a.m. – 12:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| October 25 ⁻ 2007 | 1:00 p.m. – 5:00 p.m. | Augusta County Government Center – Verona, VA |
| December 6, 2007 | 8:00 a.m. – 12:00 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| December 13, 2007 | 8:00 a.m. – 12:00 p.m. | Portsmouth Police Department – Portsmouth, VA |
| December 18, 2007 | 8:00 a.m. – 12:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| January 8, 2008 | 9:30 a.m. – 1:30 p.m. | VDOT Maintenance Training Academy (Thornburg) – Woodford, VA |

VOSH 2210 - Respirator Usage

Course Description: This course is designed to cover respirator-related provisions of OSHA's standards to comply with 29 CFR 1910.134, as well as all of the provisions addressing respirator use, selection, and fit testing. It will also address the required and voluntary usage of respiratory protection equipment under the general industry standards. It covers the requirements for a written program, employee training, medical evaluation, and fit-testing. The procedures presented cover the necessary steps for selection, proper use, and care of respirators to ensure adequate air quality, quantity, and flow of breathing air for air purifying as well as atmosphere-supplying respirators, and for regular evaluation of program effectiveness.

| DATE | TIME | LOCATION |
|-------------------|------------------------|--|
| January 15, 2008 | 1:00 p.m. – 5:00 p.m. | Augusta County Government Center – Verona, VA |
| February 14, 2008 | 8:30 a.m. – 12:30 p.m. | VDOT Richmond District Training Center – Chester, VA |
| April 10, 2008 | 8:00 a.m. – 12:00 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |
| June 18, 2008 | 1:00 p.m. – 5:00 p.m. | VDOT Salem District Auditorium – Salem, VA |

VOSH 2090 – Rigging in Construction

Course Description: This course is designed to provide a working knowledge of how to select, inspect, maintain, repair or replace material rigging equipment in the work environment. This includes slings made of synthetic web material, wire rope, and made of chain(s). It will show some of the practical applications of the Material Handling requirements within the standard. Each section of the standard(s) will be discussed along with its application to and relationship to other parts of the standard(s).

| DATE | TIME | LOCATION |
|------------------|-----------------------|---|
| October 31, 2007 | 8:30 a.m. – 4:30 p.m. | VDOT Norfolk Residency Office – Chesapeake, VA |
| March 5, 2008 | 8:30 a.m. – 4:30 p.m. | Augusta County Government Center – Verona, VA |
| May 22, 2008 | 8:30 a.m. – 4:30 p.m. | VDOT Richmond District Trainng Center – Chester, VA |

VOSH 3080 - Scaffolding

Course Description: This course is designed to show the application of the Scaffolding standard to particular jobs. Each section of the standard will be discussed along with its application to field erected scaffolds. Topics included are requirements of the competent person, erection & disassembly, inspections, and employee training with emphasis on documentation of inspections and training.

| DATE | TIME | LOCATION |
|-------------------|------------------------|---|
| November 1, 2007 | 1:00 p.m. – 5:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| December 18, 2007 | 1:00 p.m. – 5:00 p.m. | Southern Air HVAC – Lynchburg, VA |
| February 28, 2008 | 9:30 a.m. – 1:30 p.m. | VDOT Maintenance Training Academy (Thornburg) – Woodford, VA |
| April 16, 2008 | 8:00 a.m. – 12:00 p.m. | Augusta County Government Center – Verona, VA |

VOSH 3020 – Welding, Cutting, & Brazing Safety Awareness

Course Description: This course is designed to provide supervisors and individual employees with the working knowledge required to comply with the OSHA Standards relating to the welding safe work practices required in Construction and General Industry.

| DATE | TIME | LOCATION |
|--------------------|-----------------------|--|
| September 27, 2007 | 1:00 p.m. – 5:00 p.m. | VDOT Richmond District Training Center – Chester, VA |
| December 6, 2007 | 1:00 p.m. – 5:00 p.m. | VDOT Hanging Rock (Salem) – Salem, VA |
| April 16, 2008 | 1:00 p.m. – 5:00 p.m. | Augusta County Government Center – Verona, VA |